



HEALTHY LIVING
with *Patti Green*

WEEKLY LEISURE PLANNER

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY

DO-IT: Spontaneity is great, but plan and enjoy a night at the symphony, sign up for a painting class, go for a hike and enjoy the natural beauty at a local park.

Live life, smile and find the joy!!



Notes:
